

# What I Can Do In The Field Of Allied Health Care

## FOR THE RECORD



**Dan**  
Certified Respiratory Therapist  
St. Joseph's Hospital

### EDUCATION

- ▶ Tioga High School, Tioga, La. Graduated. Favorite subject—math. *"I liked challenging problems that required long computations."* Played tennis and baseball.
- ▶ Pinellas Technical Education Center, St. Petersburg, Fla. Completed respiratory therapy certification program.

### WORK HISTORY

- ▶ Flight line transportation specialist, U.S. Air Force. Loaded bomber airplanes using forklifts and pallet loaders.
- ▶ Laborer working construction and installing air conditioners, various areas around Pensacola, Fla. *"I worked the type of jobs that you keep for only four or five months."*
- ▶ Investment banker, Blinder Robinson Investment Banking, Pensacola. Sold stocks and other investment products.
- ▶ Investment banker, Andrew Allen Securities, Tampa, Fla. Sold stocks, bonds, options, mutual funds, and treasury notes. Quit when an injury to both his hands required that he undergo corrective surgery and spend extended time in rehabilitation.
- ▶ Security and light maintenance worker, Homestead Assisted Care Living Facility, Largo, Fla. Also assisted with nursing care. Worked night shift while attending technical school.

### JOB BENEFITS

- ▶ Favorites—medical insurance and paid vacations.
- ▶ Others—life, accident, dental, and optical insurances; paid training and education; merit reviews and recognition; bonuses; company Christmas gift; retirement plan; on-site child care; profit-sharing; seniority rights; leaves of absence; paid sick leave; flexible time; lunch, parking, and locker-room facilities.

### CLOSE-UP

- ▶ *"My father always said there's no free lunch. Hard work equals success."*

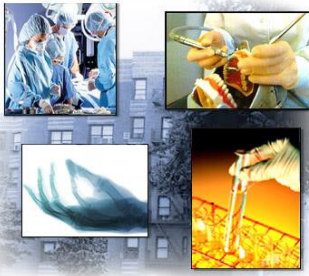
## Job Titles

- Acupressure Therapist
- Acupuncturist
- Admitting Officer
- Adult Day-Care Activities Director
- AIDS Clinical Researcher
- AIDS Outreach Coordinator
- Allergist
- Alternative Healer
- Anesthesiologist Assistant
- Art Therapist
- Audiologist
- Biomedical Technician
- Blood Bank Technologist
- Cardiopulmonary Technician
- Cardiovascular Technician
- Certified Athletic Trainer
- Child Life Specialist
- Childbirth Educator
- Chiropractic Assistant
- Chiropractor
- Clinical Exercise Physiologist
- Clinical Researcher
- Colon Therapist
- Community Health Education Coordinator
- Compounding Pharmacist
- Corporate Fitness & Safety Consultant
- Crisis Intervention Specialist
- Cytogenetic Technician
- Dance Therapist
- Dental Assistant
- Dental Hygienist
- Dental Laboratory Technician
- Diagnostic Medical Sonographer
- Diener
- Dietitian
- Doula
- Drug Treatment Counselor/Specialist
- Electrocardiograph Technician
- Electroencephalograph Technician
- Electroneurodiagnostic Technician
- Embalmer
- Emergency Management Specialist
- Emergency Medical Technician
- Environmental Health Specialist
- Epidemiologist
- Exercise Physiologist
- Fitness Trainer
- Funeral Attendant
- Funeral Director
- Genetic Counselor
- Geriatric Aide
- Geriatric Case Manager
- Group Exercise Instructor
- Health and Safety Inspector
- Health Educator
- Health Information Administrator
- Health Records Administrator
- Health Records Technician
- Histology Technician
- Home Health Aide
- Horticultural Therapist
- Hospice Care Provider
- Hospital Administrator
- Hospital Supply Technician
- Hospital Unit Coordinator
- Kinesiologist
- Kinesiotherapist
- Language Pathologist
- Long-term Activity Director
- Long-term Care Provider
- Magnetic Resonance Imaging Technologist
- Massage Therapist
- Medical & Health Services Manager
- Medical Assistant
- Medical Billing Specialist
- Medical Dosimetrist
- Medical Equipment Preparer
- Medical Illustrator
- Medical Laboratory Technician
- Medical Librarian
- Medical Photographer
- Medical Records Administrator
- Medical Records Clerk
- Medical Secretary
- Medical Social Worker
- Medical Transcriptionist
- Medical Writer
- Microbiologist
- Mortician/Assistant
- Music Therapist
- Nursing Aide
- Nursing Home Administrator
- Nutritionist
- Occupational Safety Specialist/Assistant
- Occupational Therapist
- Optician
- Paramedic
- Pharmacy Technician
- Phlebotomist
- Physical Therapist/Assistant
- Psychiatric Aide
- Quality Assurance Director
- Radiation Therapist
- Recreational Therapist
- Rehabilitation Counselor/Technician
- Respiratory Therapist
- Social & Health Services Assistant
- Speech Therapist
- Sports Nutritionist
- Strength & Conditioning Coach
- Surgical Technician
- Teacher of the Visually Impaired
- Vision Rehabilitation Therapist
- Wellness Coordinator
- X-ray Technician



# Internet Sites and Professional Associations

- Acupuncture.com  
[www.acupuncture.com](http://www.acupuncture.com)
- American Academy of Medical Acupuncture  
[www.medicalacupuncture.org](http://www.medicalacupuncture.org)
- American Art Therapy Association  
[www.arttherapy.org](http://www.arttherapy.org)
- American Association of Pharmacy Technicians  
[www.pharmacytechnician.com](http://www.pharmacytechnician.com)
- American Association of Psychiatric Technicians  
[www.psychtechs.org](http://www.psychtechs.org)
- American Dance Therapy Association  
[www.adta.org](http://www.adta.org)
- American Dietetic Association  
[www.eatright.org](http://www.eatright.org)
- American Holistic Health Association  
[www.ahha.org/](http://www.ahha.org/)
- American Massage Therapy Association  
[www.amtamassage.org](http://www.amtamassage.org)
- American Music Therapy Association  
[www.musictherapy.org](http://www.musictherapy.org)
- American Optometric Association  
[www.aoa.org](http://www.aoa.org)
- American Physical Therapy Association  
[www.apta.org](http://www.apta.org)
- American Society for Clinical Pathology  
[www.ascp.org](http://www.ascp.org)
- American Society of Anesthesiologists  
[www.asahq.org](http://www.asahq.org)
- American Society of Radiologic Technologists  
[www.asrt.org](http://www.asrt.org)
- American Speech-Language-Hearing Association  
[www.asha.org](http://www.asha.org)
- American Student Dental Association  
[www.asdanet.org](http://www.asdanet.org)
- American Therapeutic Recreation Association  
[www.atra-online.com](http://www.atra-online.com)
- Armed Forces Athletic Trainers Society  
[www.afats.org](http://www.afats.org)
- Art Therapy  
[www.art-therapy.us](http://www.art-therapy.us)
- Art Therapy Credentials Board, Inc.  
[www.atcb.org](http://www.atcb.org)
- Assoc. for Edu. & Rehab. of the Blind & Visually Impaired  
[www.aerbvi.org](http://www.aerbvi.org)
- Association of Managers of Magnetic Resonance Laboratories  
[www.ammrl.org](http://www.ammrl.org)
- Association of Medical Illustrators  
[www.ami.org](http://www.ami.org)
- Association of Schools of Allied Health Professionals  
[www.asahp.org](http://www.asahp.org)
- Association of Surgical Technologists  
[www.ast.org](http://www.ast.org)
- California Dietetic Association  
[www.dietitian.org](http://www.dietitian.org)
- CHEST  
[www.chestjournal.org](http://www.chestjournal.org)
- California Funeral Directors Association  
[www.cafda.org](http://www.cafda.org)
- Child Life Council  
[www.childlife.org](http://www.childlife.org)
- College Athletic Trainers' Society  
[www.collegeathletictrainer.org](http://www.collegeathletictrainer.org)
- Embalmer  
<http://www.amsocembalmers.org/index.html>
- IDEA Health and Fitness Association  
[www.ideafit.com](http://www.ideafit.com)
- International Association of Reiki Professionals  
[www.iarp.org](http://www.iarp.org)
- International Genetic Epidemiology Society  
[www.geneticepi.org](http://www.geneticepi.org)
- International Society for Magnetic Resonance in Medicine  
[www.ismrm.org](http://www.ismrm.org)
- National Association for Home Care and Hospice  
[www.nahc.org](http://www.nahc.org)
- National Association of Emergency Medical Technicians  
[www.naemt.org](http://www.naemt.org)
- National Association of Nutrition Professionals  
[www.nanp.org](http://www.nanp.org)
- National Association of Professional Geriatric Care Managers  
[www.caremanager.org](http://www.caremanager.org)
- National Funeral Directors and Morticians Association  
[www.nfdma.com](http://www.nfdma.com)
- National Funeral Directors Association  
[www.nfda.org](http://www.nfda.org)
- National Pharmacy Technician Association  
[www.pharmacytechnician.org](http://www.pharmacytechnician.org)
- National Phlebotomy Association  
[www.nationalphlebotomy.org](http://www.nationalphlebotomy.org)
- National Registry of Emergency Medical Technicians  
[www.nremt.org](http://www.nremt.org)
- Occupational Safety & Health Administration (OSHA)  
[www.osha.gov](http://www.osha.gov)
- Occupational Therapy Association of California  
[www.otaconline.org](http://www.otaconline.org)
- Opticians Association of America  
[www.oaa.org](http://www.oaa.org)
- Professional Baseball Athletic Trainers Society  
[www.pbats.com](http://www.pbats.com)
- Society for Epidemiologic Research  
[www.epiresearch.org](http://www.epiresearch.org)
- Society of Diagnostic Medical Sonography  
[www.sdms.org](http://www.sdms.org)
- The American Geriatrics Society  
[www.americangeriatrics.org](http://www.americangeriatrics.org)
- The American Occupational Therapy Association, Inc.  
[www.aota.org](http://www.aota.org)
- The American Society for Microbiology  
[www.asm.org](http://www.asm.org)
- The American Society of Embalmers  
[www.amsocembalmers.org](http://www.amsocembalmers.org)
- The Nat'l Assoc. of Emergency Medical Svc. (EMS) Educators  
[www.naemse.org](http://www.naemse.org)
- The National Athletic Trainers' Association  
[www.nata.org](http://www.nata.org)
- The Society for Healthcare Epidemiology of America  
[www.shea-online.org](http://www.shea-online.org)
- USDA Food Safety and Inspection Service  
[www.fsis.usda.gov](http://www.fsis.usda.gov)



“Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.”

~World Health Organization, 1948

## Employment Settings

Allied Health professionals generally work in hospitals, nursing homes, fitness centers or medical offices.

Some additional possible employment settings are:

- Community Health Programs
- Correctional Facilities
- Day Care Centers
- Fitness Center
- Food Equipment Manufacturers
- Food Service Companies
- Government Organizations
- Health Management Organizations
- Hospitals
- Nursing Homes
- Pharmaceutical Companies
- Public Health Clinics
- Schools at all levels
- Sports Teams
- Weight Management Clinics

## Skills & Abilities

- Ability to Work Independently and as Part of a Team
- Ability to Work Well with Others
- Analytical Communication Orally and in Writing
- Desire to Teach People
- Enjoy Helping People and Working with Healthcare Professionals
- Fundamentals of Human Anatomy and Physiology
- Good Organizational Skills
- Interest in Good Health, Nutrition and Fitness
- Interviewing and Counseling Techniques
- Learn Fundamentals of Human Relations and Group Dynamics
- Nutrition Theory and Practical Knowledge
- Statistical Skills



## Career Building Strategies

*Remember:* There are many occupations that do not require a specific undergraduate major; they are often learned as a result of on-the-job training rather than prior education. What is sought among prospective employees is the development of certain skills and abilities that can be developed not only through an academic major but through courses taken as part of one's general education, and through internships, directed studies, tutorials, seminars, study abroad, work-study and summer employment, and volunteer experiences.

- Gain work experience and information about careers through internships.
- Obtain a part-time job in the Allied Health Care field.
- Obtain Certifications.
- Develop the ability to work with teams.
- Gain experience through volunteer opportunities.
- Use the Mentor Network to speak with professionals in the field.



## Want to Know More? Check out...

**Choices:** [www.access.bridges.com/ct](http://www.access.bridges.com/ct)

Site ID: **23071** Password: **career**

**Eureka:** [www.eureka.org](http://www.eureka.org)

Site ID Code: **GDVTZWN**

\*Click on “Enter Site ID Code”, enter code for “Students/Clients EUREKA sites”, then click “Next”.

**Library Books** (Career Connections)

\*Over 200 career related books are available at Career Connections (Rocklin)

**Meet with a Counselor**

Rocklin: (916) 660-7400

NCC: (530) 274-5303



### Sierra College Career Connections

[careerconnections@sierracollege.edu](mailto:careerconnections@sierracollege.edu)

Rocklin Campus, L-107 (916) 660-7481  
5000 Rocklin Road  
Rocklin, CA 95677

NCC (530) 274-5303  
250 Sierra College Drive  
Grass Valley, CA 95945

# Allied Health Care Programs

(In Northern California Community Colleges)

	American River College	Butte College	College of the Redwoods	College of the Siskiyous	Cosumnes River College	Feather River College	Folsom Lake College	Lake Tahoe Community College	Lassen College	Mendocino College	Sacramento City College	Shasta College	Sierra College	Yuba College
Certified Nursing Assistant	x	x	x	x		x		x	x				x	
Chemical Dependency Studies	x		x	x	x			x		x				x
Dental Assisting			x					x			x			
Dental Hygiene								x			x	x		
Dietary Manager	x											x		
Dietetic Technician		x			x									
Emergency Medical Technician		x	x	x	x	x	x	x	x	x		x	x	x
Fitness Trainer	x												x	
Funeral Service	x													
Gerontology	x						x				x			
Health Information Technology		x			x						x	x		
Home Health Aide	x	x										x		
Human Services	x			x	x		x		x	x				x
Licensed Vocational Nurse (LVN)	x	x	x	x		x			x	x	x	x	x	x
Medical Administrative Assistant	x						x	x						
Medical Assisting	x		x		x		x	x						
Medical Transcript												x		
Nutrition & Foods	x	x			x						x			
Occupational Therapy Assistant	x		x	x							x			
Paramedic	x	x	x	x										
Psychiatric Technician														x
Radiological Technologist														x

